

# Is LASIK right for you?

Laser vision correction (e.g., LASIK) is a safe and popular alternative to glasses and contact lenses, with millions of satisfied patients. Thank you for taking the time to learn more about it.

The best way for you to determine if you are a candidate for LASIK is with an in-depth examination of your eyes with a free consultation in our office. LASIK can treat a broad range of nearsightedness, farsightedness, and astigmatism in people who are at least 18 years old, who are in good general health with a stable prescription and who don't have any eye diseases.

## WORKING WITH YOUR EYE DOCTOR

If you're a candidate for LASIK or a similar procedure, your eye doctor and a TLC surgeon will offer you a premium vision correction experience built on a team based approach to tailor your eye care to you. Ask your eye doctor today to help you schedule your FREE consultation at TLC.

Call us for your  
**FREE LASIK  
CONSULTATION**  
at **408.453.5600.**



\*LASIK like any other surgical procedure, has risks of complications and should be discussed with your eyecare provider. Additional information can be found here : [tlcvision.com/am-i-candidate-for-lasik-risks/](http://tlcvision.com/am-i-candidate-for-lasik-risks/)

## THE TLC DIFFERENCE

- North America's largest LASIK provider
- More than 2.2 million LASIK procedures
- Longstanding leader in LASIK technology
- Only TLC offers the TLC Lifetime Commitment
- High quality LASIK at affordable prices
- More than 7,000 doctors have chosen TLC



Michael Furlong, M.D.  
Medical Director,  
Furlong Vision Correction

Dr. Furlong is a board-certified ophthalmologist specializing in Bladeless Custom Wavefront LASIK, PRK, Keratoconus (KC) and Laser-Assisted Cataract surgery with Advanced Lifestyle Lenses. Dr. Furlong established Furlong Vision Correction in 1998 and has performed more than 40,000 refractive and small-incision cataract surgeries. He is proud to be the only TLC-associated surgeon in Northern California and to offer a state-of-the-art facility, the TLC Lifetime Commitment™ and the latest FDA and NASA approved equipment and technology.

Furlong Vision Correction has been voted Best Place for LASIK in Silicon Valley for nine years by Mercury News readers and Dr. Furlong was voted best LASIK doctor by Santa Cruz readers for the past five years. He also received the prestigious Jefferson Award for his charitable Gift of Sight program, which provides LASIK and Keratoconus treatment to deserving patients. A Stanford University graduate, Dr. Furlong earned his M.D. at the University of Hawaii and completed a three-year residency at the University of Utah Moran Eye Center. As a former LASIK patient, Dr. Furlong knows the time and attention it takes to make the right choice for eye surgery.



Patricia Shen, O.D.  
Clinical Director,  
Furlong Vision Correction

Dr. Shen graduated from University of California - Berkeley and completed her Doctor of Optometry at State University of New York College of Optometry. Dr. Shen has specialized in refractive and corneal surgeries for more than 12 years. She manages pre- and post-operative care for LASIK, PRK, Pterygium, Cross-Linking, Intacs, CK and cataract surgeries. Dr. Shen has screened more than 32,000 patients for refractive surgeries.

Dr. Shen joined Dr. Furlong's practice in 2009, where she has organized and refined the clinical process. She reviews protocols and outcomes and strives to improve the practice and its patient care. She works closely with the Bay-area optometry community, corresponding with all co-managing optometrists and assisting them to excel in the fields of refractive and cataract patient care.

# LASIK

YOUR **PRESCRIPTION** FOR  
A **NEW BEGINNING**



**FURLONG**<sup>™</sup>  
VISION CORRECTION  
*a TLC Associate Center*

Furlong Vision Correction  
2107 North 1st Street, Suite 101  
San Jose, CA 95131

# Your journey to a lifetime of sharper vision starts today!

## WHAT IS LASIK?

LASIK (Laser-Assisted-In-Situ Keratomileusis) is an FDA-approved outpatient procedure that uses the excimer laser to reshape the cornea to correct your vision. LASIK typically takes less than 10 minutes to perform on each eye and is one of the most frequently performed healthcare procedures in North America.

## WHAT IS CUSTOM BLADELESS LASIK? (Laser-Assisted-In-Situ Keratomileusis)

In this, our most common procedure, the surgeon uses sophisticated technology to create a protective flap of corneal tissue under which a very concentrated beam of light gently reshapes your cornea for better vision. A computer uses hundreds of pieces of information about each of your eyes to deliver truly customized vision correction, based on the uniqueness of your eyes.

## WHAT IS CUSTOM BLADELESS PRK? (Photorefractive Keratectomy)

This is our second most common procedure, often recommended for people with irregular corneas, thin corneas, dry eyes or other clinical findings that would not make them good candidates for LASIK. It is similar to Custom Bladeless LASIK except that the surgeon does not create a protective flap of corneal tissue during surgery.

## WHAT IS CONTOURA™ VISION? (Topography-Guided Laser Eye Surgery)

This latest advancement in LASIK technology can optimize the surface of the eye's cornea in such a way that it actually enhances the quality of vision better than has ever been possible before. Contoura™ Vision's distinctive diagnostic capabilities uses 22,000 unique elevation points on the cornea to image and analyze the patient's eye resulting in a higher quality of vision. Patients who suffer from nearsightedness, or nearsightedness with astigmatism, might benefit from Contoura™ Vision.

## YOUR PROCEDURE DAY

On the day of your procedure, you should arrive at the office as rested and relaxed as possible. You will need to sign an informed consent, which we will go over prior to your procedure. It's natural to feel a mixture of eager anticipation and nervousness before your procedure.

Be sure to bring someone to drive you home, or make other arrangements for transportation. You should allow approximately two to four hours for the entire process.

## LASIK RECOVERY

After surgery your eyes may feel irritated and may tear or water for a few hours. Most are quite comfortable after a nap and rest while wearing the protective eye shields. Some LASIK patients wear the eye shields while sleeping during the first few days. Do not rub your eyes during the

early healing stage. It is not unusual for dryness in your eyes to last for several days. If you experience discomfort, your doctor might suggest you take a mild pain reliever.

Many patients return to work within a day or two of the procedure. You will need to follow the restrictions provided by your doctor so that you will quickly be able to resume your normal activities.

## YOUR LASIK RESULTS

During your pre-procedure consultation, we will help determine the range of your probable outcome based on your particular prescription and expectations. Most LASIK patients notice dramatic visual results within the first few days following their procedures. However, the speed of visual recovery depends on personal healing patterns; patients with higher prescriptions might recover more slowly.

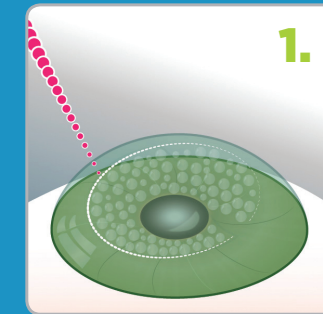
## THE IMPORTANCE OF FOLLOW-UP

Annual eye exams are important, we strongly recommend that everyone, not only laser vision correction patients, has a dilated eye exam. This is a proactive way to check that your eyes are healthy and functioning properly.

**Schedule your FREE LASIK CONSULTATION at [TLCVision.com](http://TLCVision.com)**

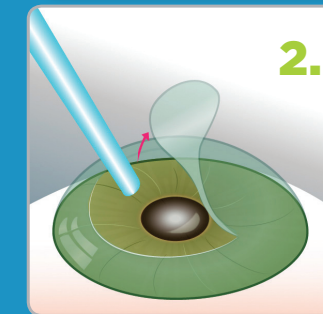
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## STEPS OF BLADELESS LASIK



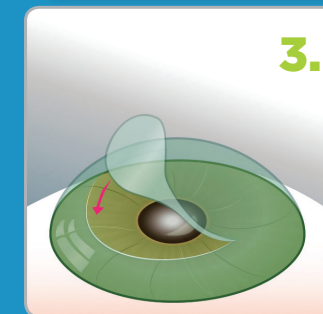
1.

An expert surgeon uses a laser to create a very thin flap of tissue on the outer layers of your cornea.



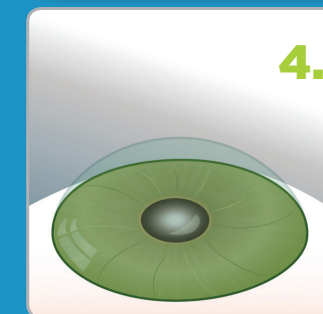
2.

After lifting the flap, the surgeon then uses a laser, programmed with a unique map of your eye, to reshape your cornea.



3.

Finally, your surgeon carefully lays the flap of the tissue back down to heal, like a bandage.



4.

Many patients go home, take a long nap and wake to find their vision has noticeably improved. Vision keeps improving in the days and weeks after the procedure.